

Dundee Gymnastics Club 2K

Annual General Meeting

11am Sunday 26th March 2023

At 40-42 Brown Street, Dundee DD1 5DT

1. Attendance and Apologies

Clare Huxley chaired the meeting

Alison Bell Director

Alex Bremner Director Apologies

Paul Carson Director

Bea Petersen Director

Rachel Scott Director

Ainsley Swindells Safeguarding Officer Apologies

Coaches;

Ivan Plyusch

Kirsty Campbell

Parents;

Artur Miskunec – Vanessa Miskunec

Alix McGuggon – Kyra McGuggon

Chris McLean – Kyra McGuggon

Stevie Barrie – Ruadhan Barrie

Dean Elder – Rowën Elder

Becca Riddell – Rowën Elder

2. Chair's Report - Clare Huxley see Appendix I

3. Treasurer's Report and accounts to end Jan 2023 - Paul Carson see Appendix II

4. Head Coach's Report – Bea Petersen see Appendix III

5. Appointment of Directors Appendix IV

6. Fees and Pay Increases May 2023 Appendix V

7. Progress with 38 Brown Street Appendix VI

8. There is no other Competent business

Appendix I: Chair's Report DGC2k AGM March 2023

Organisational Structure

We're a charity, registered with OSCR the Scottish Charity Register and we lodge our accounts with them every year and our Directors meet the OSCR standards.

A charity means that we are run for the benefit of the members. And any operational profits are fed straight back into the club.

We're also a Company Limited by Guarantee, and our accounts and directors are all registered with Company House.

We're a private, independent organisation with no external funding – no Government or Council funding. We are almost exclusively funded by the monthly and annual fees paid by the members.

We are affiliated to Scottish Gymnastics and follow all Scottish Gymnastics Codes and Guidance. Your membership of Scottish Gymnastics provides the Insurance for the club, and also allows the gymnasts to enter Scottish Gymnastics competitions, all our PVGs and Safeguarding is done through Scottish Gymnastics.

The Directors carry out their directors' duties unpaid, however, they can be paid as coaches, or for other services, in which case they are employees of the club as well. The remunerated Directors are myself for administration, Bea Petersen as Head Coach and Coach and Paul Carson as Club Manager and Coach.

What's happened in 2022

Total numbers of gymnasts;

We were able to run a full schedule of classes at Brown Street and training at the McTaggart throughout 2022, and have been steadily increasing our total number of gymnasts throughout this time.

Total number of gymnasts Jan 2023 694 – up from 632 gymnasts in Jan 2022 – an increase of 62. This is made up of 89 Performance Gymnasts training at the McTaggart, 111 toddlers and preschoolers at Brown Street and 494 Club Gymnasts at Brown Street.

Finances;

Paul Carson, Club Manager, will report on the finances of the Club to the end of the financial year on 31st January 2023 See Appendix II.

Coaching;

We are currently paying 28 Coaches plus 2 on maternity leave (this includes 3 helpers yet to do their level 1 courses). Also our much valued volunteers – Chris Wylie (helper) and Ainsley Swindells (Safeguarding Officer).

Bea Petersen, Head Coach, will report on the progress of our coaches through the coaching qualifications and competition results during 2022. See Appendix III

Clare Huxley

Chair of the Directors March 2023

Appendix II: Treasurer's Report DGC2k AGM March 2023

The treasurers report for February 2022 to January 2023.

2021-2022 income was £289,537 – 2022-2023 income was £382,791.

2021-2022 expense was £280,805 – 2022-2023 expense was £362,684

We received grants totalling £23,100 which is restricted to equipment required for the extension to Brown Street facility.

£1,000 Grant from Arnold Clark Dundee

£2,100 Grant from Dundee City Council Strategic Framework

£10,000 from Awards for all

£10,000 from Garfield Weston

Premises rentals came to £88,545 which was obviously up on previous year £50,660.

Our existing loan to Social Investment Scotland has its final payment at the end of March 2023

Utilities – water, gas, electricity, phones etc – was up by 26.4%

Financial charges were up by 75%

Our workforce education keeping up to date and qualifying new coaches costing £4,952.00

Payroll for the period was £223,326 up by 16.9%

The above is just some of the main incoming and outgoings the full set of accounts for 2022 – 2023 accounts are being presented to the club's accountants this week for verification and will be on the website as soon as possible.

We started the extension to Brown Street in December 2022 by signing the lease for 38 Brown Street a major project is underway with joining the two premises and kitting out performance equipment, the purchase of a new competition floor was a large expense at £22,000, the whole interior has to be fully insulated total cost of the project is £135,000 work has started and we have a time line for opening around the end on May 2023 on completion of the works

Looking forward, Staff were given a 10% increase 1st April 2022 to bring into line with other clubs, they hadn't had any increase in wages for 4 years. We still maintain our staff's ongoing education and when Brown Street extension opens will allow us to reduce our costs at the MacTaggart centre and centralise more of our operation.

It's never a good time, but for the club to maintain itself and continue to give a professional service we will have to increase fees by 10% as of the 1st May 2023 to keep up with the cost increases across the board. Although the club has surplus funds at present this is allocated to the renewal of equipment and repairs, outgoings before reimbursement and part funding our new project.

Paul Carson

DGC2k Club Manager

Appendix III: Head Coach's Report

Dundee Gymnastics Club 2k AGM 26/03/2023

Coaches Report

Our team of coaches:

Our coaches attended and passed important coaching courses in all our disciplines of gymnastics, benefitting both our operations and members at Brown Street and at the McTaggart Centre.

Preschool

Lucy Stein, Amy Mills, Chloe Doogan, Hannah Blakeman

WAG level 1

Hannah Blakeman, Bethany Mcrae

WAG level 2

Neve Mitchell, Natalie Young, Faithe Duffy

WAG level 3 theory

Mel Barron

WAG level 4

Kirsty Campbell

MAG level 1

Piper Uribe

MAG level 4

Ivan Plyusch

MAG judging course

Piper Uribe, Ivan Plyusch, Bethany Moss

Tumble level 1

Bethany Moss, Jessica Lothian

Tumble level 2

Lucy Stein

Some of these courses are still awaiting exams. However, the great number of courses attended shows a massive commitment to upskilling our coaches on the part of the club and an equally massive commitment to learning and continually improving on the part of our coaches.

Louise Carson also worked with another group of young volunteers during the entry classes. These girls are all ex gymnasts from our club, demonstrating once again that their childhood spent in gymnastics at DGC2K was such a valuable experience for them that they are still wanting to be involved with the club and the sport.

Results:

MAG:

The boys section expanded from 4 competitive boys to 9.

The boys had some great success at Scottish Voluntary competition in June 2022. They won more than 20 medals including gold, silver and bronze for individual pieces and all around between 9 boys.

Special mentions:

Leo became Scottish Voluntary Champion on floor in U8 category with a massive score of 11.700, 0.5 ahead of his team mate Jacob.

Calvin became Scottish Voluntary Champion in U16 category on floor and parallel bars, and Darach made a debut in FIG, the hardest level of competitive gymnastics. He won 3 silver medals and bronze all around.

In February 2023 was another debut by our boys at Scottish Championships. All 3 achieved personal best scores, even if it was not without fails and mistakes.

Darach managed to win the following medals in the under 12 category:

2nd place on Rings

2nd place on High bar

3rd place on Vault

And to finish off this successful season, Darach maintained his place in national Scottish Squads while Leo and Jacob were also selected to the younger boys national Scottish Squad.

Tumble:

2022 June, Scottish National Tumbling Championships Gracie Geddes Scottish Champion Regional 2
Evie Ross 4th place Club 5

2022 September, National Tumbling Inter-Regional Challenge Cup Final, Gracie Geddes British Champion Regional 2

2022 April, FIG Spring series Tumble Sandy Robb 1st time at this level 10th Place

2022 October, Sandy was picked for the Scottish team to compete in Portugal but sadly didn't attend.

2022 December, Durham Open Finn Madell Club 2 2nd place

Emily Murray Club 3 1st place

James Lavery Club 6 1st place

Katarina Couchlin club 6 2nd place

Evie Ross 4th place Regional 4

Hannah Moss 1st Place Regional 4

The tumbling squad has been plagued with injuries this year.

Sandy Robb and Evie Ross trialled in January 2023 and were picked for NPP Sandy and PPP for Evie.

Floor and Vault:

2nd place all around and 1st place on Vault for Cara Lightfoot

1st place on Vault for Lily Johnston

WAG:

It was a big year for our top gymnast Emily Bremner. After months of nerve-wracking selection events Emily was indeed selected to represent Scotland at the Commonwealth Games in Birmingham! A lifetime goal achieved. Emily looked absolutely brilliant throughout and achieved a personal best on her last piece of apparatus, on floor. The routine was choreographed by Daniela Nanova and the performance was simply breath taking.

However, a lot of our gymnasts excelled in the Scottish grades and voluntary competitions throughout the year. Below is a list of the girls' medal successes at the Scottish national events:

Club Grade 5: 1st place for Arya Mitchell on Range

Regional Grade 3: 1st place for Alex Barnett on Range

National Grade 5: 3rd place for Orla Cunningham on Beam and 2nd place for Sarah Air on Range

Compulsory Grade 4: 1st place for Jessica Banks on Vault and 3rd place for Evie Duguid on Floor

Compulsory Grade 3: 2nd place for Emily Chen on both Range and Floor

Voluntary Copper rules, results in different age groups:

3rd place for Chloe Hebenton on Vault,

2nd place for Millie Anderson on Bars

3rd place for Sofia Selivanova on Vault

3rd place for Erin Watson on Floor

Voluntary Bronze rules: 2nd place all around, 2nd on Beam and 3rd on Vault for Sophie Naismith

Voluntary 4 rules: 2nd place on Vault and 3rd place on Bars for Hannah Robertson

FIG Espoir rules: 3rd place for Orla Stirton on Bars

FIG Junior rules: 2nd place all around as well as 2nd on Bars and Beam and 3rd place on Vault for

Brooke Murphy. 3rd place on Beam and Floor for Lucy Wiseman.

FIG Senior rules: 2nd place for Hannah Blakeman on Vault, her all around score qualified her for the British Challenge Cup where she competed very cleanly to achieve a very credible 9th place all around.

A team of our gymnasts (Hannah Blakeman, Lucy Wiseman, Sophie Macfarlane, Sophie Naismith, Orla Stirton and Brooke Murphy) participated for the first time in the Belgium Gympies Cup, which was an incredible experience for all involved. The level of gymnastics shown from gymnasts from all over the world was outstanding and inspiring.

In December we ran our first Club Championships in many years and it was a huge success. Boys, girls, tumblers and floor and vault gymnasts took part in the event which was much appreciated and enjoyed by parents and gymnasts alike. Thank you, parents for the support you are giving!

Scottish Championships: The biggest event of the year with all the best gymnasts from the whole of Scotland taking part and battling it out for the medals. We had Hannah Blakeman, Lucy Wiseman, Orla Stirton and Maisie McKensie competing and they all had some fantastic performances. Excellent all around results from Hannah in the Senior category (5th) and from Orla in the Juniors (5th). Hannah made beam and vault final and finished 3rd on vault. Maisie made her debut in the Espoir age group. She qualified for floor and vault finals and placed 3rd on vault.

A squad of our youngest gymnasts competed recently in a friendly competition at Cumbernauld (Ella Moan, Kate Roden, Abbie Moran, Olivia Bulgarelli, Mila Ross, Eva Getty, Isla Scott) and everyone of them won at least one medal! Woohoo, that's a good start.

This year Evie Duguid and Hannah Robertson have been selected for Scottish National Squads.

Huge congratulations to all our gymnasts for their personal achievements! Many have not been mentioned because they maybe just missed out on a medal by 0.1 or so.

Never mind, at the end of the day it is all about your improvement and your enjoyment in the sport you love!

At Brown Street our team of coaches are working hard to provide recreational gymnastics sessions to an ever growing number of members, their ages ranging from toddlers up to teenagers. Louise Carson is running the crucial entry and entry 2 classes which form our most important link from our recreation side to the performance section of the club. Her programme has been very successful in preparing the youngsters resulting in more than ten 6 and 7 year olds ready to start training in a performance environment soon.

A big thank you to all our coaches for their commitment and hard work! Let's keep getting better!

Bea Petersen

DGC2K Head Coach

Appendix IV: Appointment of Directors DGC2K AGM March 2023

At every AGM 1/3 of the directors are subject to retirement by rotation. This year Clare Huxley and Bea Petersen are retiring by rotation being the longest serving since last elected. As no other Directors were put forward Clare Huxley and Bea Petersen were deemed to be re-elected.

The current Directors are;

Alison Bell, General, re-elected AGM 2020

Alexander Bremner, General, re-elected AGM 2022

Paul Carson, Club Manager, re-elected AGM 2020

Clare Huxley, General, re-elected AGM 2023

Bea Petersen, Head Coach, re-elected AGM 2023

Rachel Scott, General, re-elected AGM 2022

Appendix V: Fees and Pay Increases May 2023

As summarized by Paul, the accounts for 2022 overall look quite healthy with a net operating surplus of £20,106.83

However, this includes the £20,000 in grants obtained for fitting out 38 Brown Street.

And if you take this out then we have just broken even.

Currently;

Monthly income from fees is ~£30,000

Monthly pay to coaches is ~£20,000 (pay is 2/3 of our outgoings)

Leaving £10,000 for; McTaggart (£5,500), Brown Street rent (£3,400), Brown Street running (£1,200)

Making a loss every month.

Pay increase of 7%

We need to increase pay for all the coaches by 7% to keep up with inflation and to keep competitive rates of pay;

Level 1 assistant coach will go up from £8.80 to £9.42 (but £10.21 for 21 year olds upwards as this is the minimum wage)

Level 2 coach will go up from £11 to £11.77

This is coaches in charge of a full class of 16 at Brown Street (working with a level1 coach) and this is the main income for many of our long-term staff.

Level 3 coach will go up from £12.25 to £13.11

Level 3 is necessary to be able to take older performance gymnasts to competitions – the skills being coached need level 3 qualification and this takes ~6 years coaching experience. We can't get new level 3 coaches we need to train and retain.

Level 4 and High Performance coach will also go up by 7%

Monthly Fees increase of 10%

We need to increase monthly fees by 10% which will bring in an extra £3,000 per month;

This will pay for;

The increased pay of the coaches predicted to be £1,400.

Plus the loan repayments which are £1,700 per month over 6 years.

Combined increased cost of £3,100

Why is gymnastics so expensive?

Coaches' Pay; 75% of our outgoings is pay for coaches. We pay relatively low wages - £13.11 per hour for a level 3 coach. Getting to Level3 takes about 6 years of ongoing coaching experience and the level3 qualification is needed for the older performance gymnasts due to the difficulty of the skills being practised.

To maintain the quality of coaching we maintain a low ratio of gymnasts to coaches. Toddlers and preschool are 6 gymnasts per coach, Entry is 7 per coach, Intermediate and Gymstars is 8 gymnasts per coach, and Performance groups are 4-8 per coach.

DGC2k gymnasts aim to compete at the highest level and it is necessary to train the long hours that we provide; increasing from 6 hours per week for the youngest competition groups up to 20 hours per week for those competing in the Scottish Championships.

Hall Hire and equipment; We paid £64,000 in 2022 for Hall Hire of the McTaggart, however, this gives our gymnasts access to the pits and a tumble track (35m is too long for Brown Street which we will not have in 38 Brown Street. 38 Brown Street will provide a fully sprung competition floor – the McTaggart floors are out of date and poorly sprung.

Monthly Fees from May 2023

Monthly fees from 1st May 2023				
	hours	May-22	May-23	
	per week	£ per month	£ per month	£ per hour*
Toddlers 45min	1	£25.00	£27.00	£6.23
Preschool 45min	1	£25.00	£30.00	£6.92
Recreational 45min or 1hr classes	1	£30.00	£33.00	£7.62
Recreational 2hr or 2x 1hr classes	2	£45.00	£50.00	£5.77
Recreational multiple classes	3	£60.00	£66.00	£5.08
Performance Training Groups	4	£75.00	£83.00	£4.79
Performance Training Groups	5	£90.00	£100.00	£4.62
Performance Training Groups	6	£100.00	£110.00	£4.23
Performance Training Groups	7	£105.00	£116.00	£3.82
Performance Training Groups	8	£110.00	£122.00	£3.52
Performance Training Groups	9	£115.00	£127.00	£3.26
Performance Training Groups	10	£120.00	£132.00	£3.05
Performance Training Groups	11	£125.00	£137.00	£2.87
Performance Training Groups	12	£130.00	£142.00	£2.73
Performance Training Groups	13	£135.00	£147.00	£2.61
Performance Training Groups	14	£137.00	£151.00	£2.49
Performance Training Groups	15	£140.00	£154.00	£2.37
Performance Training Groups	16	£143.00	£157.00	£2.26
Performance Training Groups**	20	£143.00	£157.00	£1.81

*£ per hour is calculated as (£ per month x 12/52)/hours per week)

** all hours above 16 hours per week will be £157 per month

There are no refunds for parts of months trained, or missed/cancelled sessions.

Training with Scottish Gymnastics programs, competitions and special sessions such as Daniela Nanova are charged on top of the monthly fees.

Appendix VI: Extension into 38 Brown Street;

The biggest change during 2022 has been taking the lease on 38 Brown Street (next door) so that we will be able to almost double the amount of gym space at Brown street. This will reduce our dependence on the McTaggart for which we paid £64,000 in 2022, and allow us to expand our total provision of gymnastics training.

38 Brown Street came available for lease in March 2022.

It was classified as an industrial warehouse, so before taking the lease we had to get planning permission for change of use from Workshop/Storage to Leisure – for use as a gym. This was not easy as this area of Dundee is the 'Blackness General Economic Development Area (GEDA) and is designated for Industrial use not Leisure.

Planning permission for change of use submitted in June and granted 16th September 2022

We also negotiated a 10 year lease for both 38 and 40-42 Brown Street, including permission to refurbish 38 Brown Street, with date of entry 30 November 2022. Our solicitor was Mike Brown.

We submitted a number of grant applications to help fund the refurbishment and new equipment, and were successful with;

Awards For All (National Lottery via Sports Scotland) £10,000

Garfield Weston; £10,000

All the architectural drawings, planning application and building warrant have been done by Gordon Walker, Architect. The building warrant was first submitted 7th November. Rejected as we had not included full insulation for the walls and ceiling of 38 Brown Street. Resubmitted including full insulation to modern building regulations; granted 6th March 2023.

The total projected cost of the refurbishment plus equipment is £135,000. £40,000 from our reserves plus £95,000 loan from Social Investment Scotland.

Main building work to knock through between the buildings is due to start on 1st April 2023

38 Brown Street will include;

Gymnastics sprung floor 12mx12m

Full length Vault with landing area

1x competition asymmetric bars, 1x high bar with U-pit, 1x high Bar

2 competition beams, plus practice beam and floor beam