

Dundee Gymnastics Club 2K

Annual General Meeting

5.30-6.00pm Sunday 13th Feb 2022

Online Zoom Meeting

1. Attendance and Apologies

Clare Huxley chaired the meeting

Alison Bell Director

Alex Bremner Director

Paul Carson Director

Bea Petersen Director

Rachel Scott Director

Ainsley Swindells Safeguarding Officer

Ivan Plyusch Coach

2. Chair's Report - Clare Huxley see Appendix I

3. Treasurer's Report and accounts to end Jan 2021 and 22 - Paul Carson see Appendix II

4. Head Coach's Report – Bea Petersen see Appendix III

5. Appendix IV – Fees increase April 2022

6. Appointment of Directors

At every AGM, 1/3 of the directors are subject to retirement by rotation. This year Alexander Bremner and Rachel Scott are retiring by rotation being the longest serving since last elected.

No other Directors were put forward so Alexander Bremner and Rachel Scott were deemed to be re-elected.

The current Directors are;

Alison Bell, Fundraising re-elected AGM 2020

Alexander Bremner, General, re-elected AGM 2022

Paul Carson, Club Manager, re-elected AGM 2020

Clare Huxley, Grants and Awards, re-elected AGM 2018

Bea Petersen, Coaching, re-elected AGM 2018

Rachel Scott, General, re-elected AGM 2022

7. There was no other competent business

Appendix I: Chair's Report

Organisational Structure

We're a charity, registered with OSCR the Scottish Charity Register and we lodge our accounts with them every year and our Directors meet the OSCR standards. A charity means that we are run for the benefit of the members. The purpose of the Club is to provide gymnastics training for the benefit of the people of Dundee in the interest of social welfare. Any operational profits are fed straight back into the club.

We're also a Company Limited by Guarantee, and our accounts and directors are all registered with Company House. We're an independent organisation with no external funding – no Government or Council funding.

We are affiliated to Scottish Gymnastics and follow all Scottish Gymnastics Codes and Guidance. Membership of Scottish Gymnastics provides the Insurance for the club, and also allows the gymnasts to enter Scottish Gymnastics competitions, all our PVGs and safeguarding is done through Scottish Gymnastics. All members of DGC2k need to be members of Scottish Gymnastics except preschool gymnastics where a parent comes into the gym.

The Directors carry out their directors' duties unpaid, however, they can be paid, in which case they are employees of the club as well. The remunerated Directors are myself for administration, Bea Petersen as Head Coach and Coach and Paul Carson as Club manager and Coach.

Running through the Pandemic

There was a total of 9 months of Covid Lockdowns when gyms were not able to open.

In Jan 2020 before Covid; we had 128 performance gymnasts at the McTaggart and 532 Club gymnasts at Brown Street giving a total of 660 members.

First lockdown was all of April through August 2020. In July 2020, we had 460 members. Only about 1/3 left, and the remainder continued to contribute at 40% of fees. We certainly wouldn't be here without that contribution and it really was a wonderful effort from all the parents to support the Club.

April through August 2020 during the first lockdown, we ran regular zoom sessions. September through December 2020 we were able to open Brown Street and had all 460 odd members training at Brown Street, with reduced numbers and non-contact coaching. The McTaggart didn't open.

Jan through April 2021 was the 2nd lockdown when we had a full schedule of zoom gymnastics. In May 2021; Brown Street opened, and also the McTaggart opened for single club use which allowed an increase in training for the performance gymnasts. Finally in October 2021 the McTaggart fully opened and we have been expanding back to our old numbers since then.

The coaches have been amazing and managed to get the gymnasts back out to competitions in the autumn of 2021 and Bea Petersen will give the Head Coach's report.

Finances through the pandemic and Fees increase April 2022

The finances during the lockdowns were fine - furlough, grants and parental contributions all allowed us to come through with some reserves. Paul will go through this in the Treasurer's Report.

However, the financial situation of the club now, is much more challenging.

Leisure and Culture have increased the McTaggart fees by 19% and Brown Street went up by 17%.

We have only 1 real stream of income and that's the fees that the members pay.

We will keep the Club Annual Membership at £21 this year – a flat rate for everyone in the club from toddlers to elite.

However, we need to increase the monthly fees by 10% across the board.

This is presented in detail in **Appendix IV – Fees increase April 2022**

Clare Huxley

Chair of the Directors March 2022

Appendix II: Head Coach's Report

After a difficult covid time with various lockdowns and limited access to our main training venue the McTaggart Centre we still managed to prepare and enter 26 WAG gymnasts into the first competitions Scottish Gymnastics organised in September 2021. British Gymnastics created a new voluntary rules set which was introduced in Scotland on this occasion. 22 of our gymnasts competed in Copper, 3 in Bronze and 1 in FIG. A fantastic 8 medals were won by the Copper and Bronze gymnasts in total which Emily Bremner added to by coming 3rd AA and 2nd on both bars and beam in the FIG competition. This competition also served as the Scottish selection event for the Northern European Championships which Emily was selected for and amazingly went on to win! We officially have a Northern European Champion in our club. This is of course very special and will hopefully inspire and motivate our younger gymnasts!

In the Gordon Forster Scottish Team Challenge we fielded a relatively inexperienced team on the big stage (Hannah Blakeman, Piper Uribe, Brooke Murphy, Rowan Davidson, Sophie Macfarlane). Each of the gymnasts presented their routines very well and gained valuable experience. Hannah and Brooke only narrowly missed the top ten AA score. Orla Stirton missed this competition because she prepared for the compulsory 3 event. She worked super hard and deservedly passed!

For the boys Darach Daily competed in the very difficult National Elite Grade 2 where he finished 2nd. The tumblers got their competitive start at a friendly competition in Durham where they were extremely successful, including our youngest tumblers who started performance training only a few months prior to the competition. The medal haul was remarkable.

In an attempt to offer support not only to the top athletes (NPP) Scottish Gymnastics introduced regional training sessions for the best youngsters (aged 12 and younger) and the first PPP camps have been scheduled for gymnasts of any competitive age. Hannah Robertson, Evie Duguid, Jessica Banks, Maisie MacKenzie, Emily Chen, Julia Lewandowska, Rowan Davidson and Orla Stirton all took part in the regional training sessions. The PPP camp held in January was fantastic and was attended by Brooke Murphy and Evie Duguid.

On the MAG side Darach Daily is part of the PPP programme and has also attended his first camp. Our top tumbler Sandy Robb is flying high. He is a member of the Scottish NPP, but his sister Katie Robb is also doing extremely well having been selected for the tumblers' PPP programme.

The covid restrictions in terms of lockdowns and limited access to the McTaggart Centre did take their toll: since January 2020 we lost 40 performance gymnasts and hundreds of recreational gymnasts. We now have a very effective pathway which starts with our entry classes, where currently 222 children are wonderfully coached by Louise Carson with the help of young and promising level 1 coaches. The gymnasts who show most enjoyment and improvement are asked to come for an additional session, an entry2 session. From here the very best move on to performance groups in WAG, MAG and tumbling. All our performance groups train to compete with increasing training hours over time, as we can facilitate. Since opening up in August 2021 we have progressed 20 6-8 year olds into pre-comp groups in Tumbling, WAG and MAG, and would expect to progress this sort of number (10%) every year.

Coaches also struggled with the lack of work and looked elsewhere. Although some of our most experienced coaches have sadly moved on to other professions we are delighted that the remaining team of coaches are still with us. We are now re-grouping and working hard on the retention and CPD of coaches by providing workshops for the performance coaches and a long awaited pay rise. We are committed to helping them financially and by providing mentoring through their next higher qualifications from level 1 all the way to level 4 coaching awards. The courses are all expensive, just to name the cheapest ones: it's £350 for a level1, £520 for a level 2. Scottish Gymnastics has had a 50% discount to help clubs recover from covid, but this is sadly ending now. In the last year we have invested in Ivan Plyusch, Jennifer Brankin, Amy Mills, Lucy Stein, Jessica Lothian, Faithe Duffy and Leah Kidd. Rebecca Farningham and Hannah Blakeman are the next in line to attend a level 1 course. Note that all these are ex-gymnasts - investing in our own members, helping our young people into employment and keeping them part of the family.

I would like to take the opportunity to thank all of you for the continued support our club enjoyed, especially through the covid lockdown times when we could only offer numerous zoom sessions, online challenges and some training in parks and private gardens. Your help and willingness to join in with everything we offered was heart warming. Let's keep working together for the benefit of our gymnasts!

Bea Petersen
Head Coach March 2022

Appendix III: Treasurer's Report

As this is the first AGM since 8 March 2020, this Treasurer's report incorporates the financial year Feb 2020 to Jan 2021 and also Feb 2021 up to Jan 2022.

Due to covid, 2020 – 2022 was a very uncertain time with lockdowns and training restrictions.

We secured some grants, were part of the HMRC furlough scheme, and with the help from the members giving 40% of monthly fees, we managed to weather the storm.

In Total over the two years, we received;

£155,500 Furlough to help keep our coaches employed.

The club paid £216,000 in wages, company NI and pension contributions. Today we have 29 staff.

£25,000 Dundee Rates Grant

£8,220 grant from the Cora Foundation

£27,800 grants from the Scottish Government Strategic framework

£316,000 from our members over the two years.

Premises rentals came to £71,000 which was down on previous years as we didn't need to pay for the McTaggart when it wasn't open.

We also managed to keep paying off our existing loan to Social Investment Scotland – we paid £24,000 in interest and repayments.

Utilities – water, gas, electricity, phones etc - £9,400

Financial charges £11,200 (3.4% taken by the LoveAdmin and London & Zurich Admin and Direct debit systems).

We still had to keep our workforce education up to date costing £3,300

The above is just some of the main incomings and outgoings. The full set of accounts for 2020 – 2021 can be found on the website and the 2021 – 2022 accounts are being presented to the club's accountants this week for verification and will be on the website as soon as possible.

Looking forward we need to balance the books. The cost of premises rental has increased by an average of 18.5%, Utilities have increased by 50%, and our staff have not had an increase for 4 years. And membership has not yet reached pre-pandemic numbers.

It's never a good time, but for the club to maintain itself we will have to increase fees by 10% as of the 1st April 2022 to make ends meet. Although the club has surplus funds at present this is allocated to the renewal of equipment and repairs, outgoings before reimbursement and paying off our outstanding loans.

Paul Carson

Treasurer March 2022

Appendix IV: Fees Increase 1st April 2022

The monthly fees will increase by 10% on 1st April 2022. This is absolutely necessary as we are making a loss of >£3,300 every month as of January 2022.

Since March 2020;

- Leisure and Culture have increased the McTaggart hall hire by 19%- £21 per hour per 1/3 hall in Aug 2019, £25 per hour per 1/3 hall hire now.
- The lease on Brown Street increased by 17% at the 5 year rental review in April 2021.
- Utilities have increased by 50%

To mitigate this; we have increased our total number of gymnasts back to almost pre-pandemic levels and there has been no increase in the coaches' wages for 4 years.

For the month of January 2022;

- £24,181 income monthly fees billed 29 Jan 2022
- £18,039 wages + NICs + pension contributions
- £5,400 McTaggart hall hire (£4,500 Jan 2020 + 20%)
- £1,750 Brown Street Lease (£1,500 Jan 2020 +17%)
- £1,400 Utilities and repairs
- £970 bank charges and other admin

Total Income £24,181

Total Out £27,559

-£3,378 loss in January 2022

An increase of 10% on the monthly fees income; £24,181 +10% will give £26,599 (still short of the outgoings).

Why is gymnastics so expensive?

Coaches' Pay; 75% of our outgoings is pay for coaches. We pay relatively low wages - £11 per hour for a level 3 coach. Getting to Level3 takes about 6 years of ongoing coaching experience and the level3 qualification is needed for the older performance gymnasts due to the difficulty of the skills being practised.

To maintain the quality of coaching we maintain a low ratio of gymnasts to coaches. Toddlers and preschool are 6 gymnasts per coach, Entry is 7 per coach, Intermediate and Gymstars is 8 gymnasts per coach, and Performance groups are 4-8 per coach.

DGC2k gymnasts aim to compete at the highest level and it is necessary to train the long hours that we provide; increasing from 8 hours per week for the youngest competition groups up to 20hours per week for those competing in the Scottish Championships.

Hall Hire and equipment; A new competition floor is £44,000 and a tumble track is £29,000 so we are reliant on the McTaggart for these essential pieces of equipment and for the pits under the bars and at the end of the tumble track which are a major training aid.

Monthly Fees from April 2022

		Current	New	
		Apr-2020	Apr-2022	
	hours per week	£ per month	£ per month	£ per hour*
Toddlers	1	22.0	25	5.8
Pre-School	1	24.5	27	6.2
Entry, Int, Gyms	1	27	30	6.9
Combination	2	38	42	4.8
Combination	3	55	60	4.6
Combination	4	70	75	4.3
Combination	5	80	90	4.2
Performance	6	90	100	3.8
Performance	7	95	105	3.5
Performance	8	100	110	3.2
Performance	9	105	115	2.9
Performance	10	110	120	2.8
Performance	11	115	125	2.6
Performance	12	120	130	2.5
Performance	13	123	135	2.4
Performance	14	125	137	2.3
Performance	15	128	140	2.2
Performance	16	130	143	2.1
Performance**	20	130	143	1.7

*£ per hour is calculated as (£ per month x 12/52)/hours per week)

** all hours above 16 hours per week will be £143 per month

There are no refunds for parts of months trained, or missed sessions.

Training with Scottish Gymnastics performance groups, competitions and special sessions such as Daniela Nanova are charged on top of the monthly fees.